

As we've seen, when a market hits significant support or resistance, it tends to either bounce off or break through (apart from fakeouts, of course). Clearly, if you could forecast when the market was going to do which, you could make a huge amount of money.

Unfortunately, markets are unpredictable so that's not possible all the time, but the good thing about technical analysis is that various chart patterns tend to repeat themselves. If you can learn to recognize these patterns and when they start to form, then you can often gather clues about what the price is likely to do next.

Bear in mind these patterns are by no means foolproof and should just be used as guides as to the future direction of a market.

DOUBLE TOPS AND BOTTOMS

Double tops and double bottoms are reversal formations, signalling to chartists that a sustained trend may be about to reverse.

Double tops typically occur when two successive moves higher are sold into, creating two peaks on the chart. The low point between these two highs is known as the 'neckline', and the pattern culminates with a break through this level.



On this occasion you can see that the second top fails to break above the initial high. This indicates that the uptrend may have finished and a reversal is likely. If you're going to trade using this pattern it's sensible to enter your short trade below the neckline, when the pattern is fully formed (particularly as another pattern might be forming, such as a 'triple top' - see below).

The benefit of trading a pattern such as a double top is that it gives you a price target. In other words, you can project how far the price might fall after it breaks through the neckline. The drop is often likely to be equal to the distance from the neckline to the highest peak, as shown in blue on the chart above.

Double bottoms work the same way as double tops but in the opposite direction, indicating a bullish trend reversal after a sustained downtrend.



HEAD AND SHOULDERS

This is another pattern signalling a trend reversal. It's very similar to the triple top, but this time you get a peak (shoulder), followed by a higher peak (the head), followed by a lower peak (another shoulder). It looks a bit like this:



The neckline is formed between the two troughs on either side of the head. If the neckline's sloping down that's an even better indication of a reversal. You can calculate your target level based on the distance between the head and the neckline: just add that distance to the breakout point.

It's worth noting that a head and shoulders pattern is only described as complete once the neckline is broken. At that point, the target comes into play.

Inverse head and shoulder patterns work in the same way but in the other direction.



In this section, we'll look at four more patterns that are commonly identified by technical analysts.

TRIANGLES

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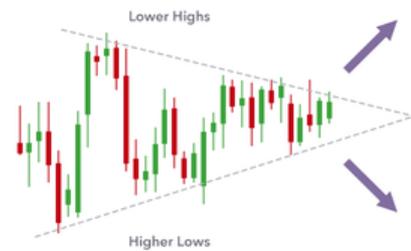
A descending triangle works in the opposite way to an ascending triangle. The market hits a level of support, but a series of successively lower peaks suggests the price will move lower.



A symmetrical triangle occurs when the price appears to be converging with a series of lower peaks and higher troughs. This is a continuation pattern, which means that the market will usually continue in the same direction as the overall trend after the pattern has formed.



If there's no clear trend before the triangle, the market is equally likely to break out either to the upside or downside.



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